



## June 19th-24th Leadership Journey in Nature; Vision quest with John Milton

### Experience of others

*John creates a remarkable experience in nature—my solo experience was by no means a "confrontation" with either nature or myself, but a gentle, accessible, simply wonderful experience of meaningful connection. I've spent my whole life in nature, but this was unique. It has given me a new window on the world that I carry with me even now back home in the "real" world. Highly recommended!*

*David Rosenberg, Ecom*

*"The solo has been a profound experience of the nature of nature, recognising my own nature. This experience is to last in my individuality that longs for change towards a sustainable world."*

*Jan Hein van Joolen, independent consultant*



**Dear,**

We would like to invite you to a unique Leadership Journey in Nature in La Grave la Meije in France.

*Connect to your purpose and learn from being in Nature. Challenge your mental models and clear inner obstacles through relaxation practices based on native American en ecological principles and Taoism. Share experiences on how to integrate this in your life.*

### *Purpose*

To focus and renew connection with the individual nature of being. Bridging inner awareness with choices, values and meaning. By being in nature participants will evoke new ways to connect with inner resources.

### *Background*

Vision quests, solo retreats and Sacred Passages have been the primary source of creative renewal for many human cultures. Those of you who have read the book *Presence* by Peter Senge et al. will appreciate the significant influence that John Milton's approach has had on those leading profound social and organizational change. John uses the knowledge, insights and wisdom gained from studying since the 1950s with teachers in many traditions, including Mayan shamanism, Taoism, Buddhism and Tai Chi, to prepare people for solo wilderness experiences.

In this leadership journey, the sacred passage enables presencing and connecting to a source that is fundamental to the process of leading from the future. The French Alps form a powerful inspiration.

### *Programme overview*

You will learn about the U-curve-process and the wheel, supported with practices like chi gong. In the plenary start of this programme we will work on your purpose and core questions, inspired by your individual biography, personal intentions as well as current interferences. A 40 hour solo experience forms the heart of this journey. Returning from the solo there will be time for reflecting on the experience and sharing insights and lessons learned. Translating the key insights into meaningful actions in your day to day life. Two months after the solo we will meet again to reflect on the integration of what you have learned from your experiences. More detailed information on the programme and a preparing package will be send to you after signing up.



### *Outcome*

- A profound relaxation and an increased balance and harmony: the experience can result in a reduction of daily stress, feelings of deep peace, and a more clear, centred and harmonious awareness.
- A stronger connection to your purpose in work and life. Retreats into wild nature have served as means for revelation of vision and purpose in many cultures, e.g. the vision quests in the native American culture.
- An increased consciousness of the systemic interdependency of the human world and nature and thereby an increased ability to have a systemic view and understanding.
- An enhanced capacity to access deep levels of creative and innovative insights.



### *Participants*

The anticipated group size is 6-12 participants. We invite those of you who seek to further develop their leadership capacities through a focused experience in nature, and who would benefit from a deep immersion experience in order to reflect, reduce stress, and strengthen connection to nature.

### *Guides*

The Leadership Journey will be led by:

*John Milton*, a pioneering ecologist, spiritual teacher, meditation master. John's vision quest and shamanic work began in the mid-1940. John conducted numerous lectures and seminars on the environment and earth-honouring spirituality at Harvard, Princeton, MIT and Naropa University. He was the first ecologist on staff at the White House in the 1970s, working with the President's Council of Economic Advisors.

*Sandra Geisler*, Manager Leaders for Nature, IUCN/NL, process facilitator and coach. Sandra has a background in performance management, the learning organization, sustainability and leadership development. As a Manager of LFN she facilitates processes for corporate learning around; ecosystem thinking, sustainable business and leadership. As a coach she focuses on transformative leadership by working with horses; Central to this is: "How to be the change you want to see". Bridging the nature and outer nature.



*Pleuntje van Meer*, leadership facilitator, experiential learner, executive coach. Pleuntje has over 12 years experience in change management and leadership development, gained in a diverse range of organizations. As an executive coach and program facilitator she focuses on enabling sustainable individual and professional change. She is specialized in values-driven leadership and creating an alignment of purpose and behaviour.



John Milton



Sandra Geisler



Pleuntje van Meer



### *Registration and Cost*

	Individuals & small organizations	Corporate and business
Register before May 25th	1999, -	2295, -
Early bird discount		
Registration after May 25th	2149,-	2449,-
Registration Fee		

Registration cost includes transportation from and to the airport, accommodation and meals. Please register before June 12<sup>th</sup> via

[http://www.iucn.nl/platform\\_1/workinggroups/leaders\\_for\\_nature\\_1/leadership\\_journey\\_in\\_nature/](http://www.iucn.nl/platform_1/workinggroups/leaders_for_nature_1/leadership_journey_in_nature/)

### *Travel Information*

You can travel to La Grave from Lyon by taxi. We recommend you to fly with Air France or KLM on Friday the 19th of June from Amsterdam to Lyon at 14.55 o'clock and return from Lyon to Amsterdam on Tuesday the 23rd of June at 17.55. A minibus will pick you up at the airport and bring you back.

### *Stay*

On the first and last night you will stay at a little Auberge in La Grave la Meije which is famous for its good food and dedicated and friendly owners. La Grave is a small village with only 250 residents. For centuries it has been on a trading route between France and Italy. La Meije is an impressive mountain in the Massif des Écrins; its highest point is at 3,984 meters. During the solo you will stay in a tent.

*For more information* about the programme please contact:

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Pleuntje van Meer 0648262968

[www.sacredpassage.com](http://www.sacredpassage.com)

[www.leadersfornature.nl](http://www.leadersfornature.nl)

[www.iucn.nl](http://www.iucn.nl)

[www.synnova.com](http://www.synnova.com)